A LIST OF QUAKER-RUN ACCOMMODATION SCHEMES FOR OLDER PEOPLE

BRIEF DESCRIPTIONS AND CONTACT DETAILS

January 2010



ABOUT THE QUAKER-RUN ACCOMMODATION SCHEMES FOR OLDER PEOPLE [SCHEMES]

All the Quaker-run Accommodation Schemes for Older People [Schemes] are entirely independent and autonomous, with their own management committees.

- They are run as not-for-profit charities, housing associations, or Friendly and Provident Societies.
- Their accommodation is for rent only.
- Minimum entry age is generally 55 or 60 (but it might be higher).
- All the Schemes are happy to receive applications from both Quakers and non-Quakers.
- They maintain their own waiting lists, have their own application procedures and set their own fees.

You need to make all enquiries directly to the Scheme/s in which you are interested.

Many Schemes provide more than one type of accommodation: for example, some residential care homes have created extra care units to provide further care for residents. This will be shown in the descriptions given in the Alphabetical list of Schemes [pages 7-20].

Wherever it is possible to do so, the residential care homes try to provide care until death: although if medical conditions or illness are extremely serious, or involve severe dementia, this may prove impossible.

Some Schemes can accept new residents who are already affected by mental frailties and/or physical handicaps, and to offer respite care for non-residents. This is indicated in the descriptions given in the Alphabetical list of Schemes [pages 7-20].

All the Schemes within the area covered by Britain Yearly Meeting are presently in England. We have however also included the one in Ireland.

Given the relatively small number of Schemes, it may not be possible to find one in the area of your choice. If this is the case, or if you would rather buy than rent, you might find it helpful to contact the specialist national agency Elderly Accommodation Counsel (EAC) [page 22].

Information, advice and help on a wide range of matters is available from any of the major national specialist advice agencies. Contact details are given in *Other Sources of Information & Advice* [pages 21-23].

Also included in this booklet are contact details for accommodation for older people founded and run by the independent charity Joseph Rowntree Housing Trust, which does have property for purchase. The best known of their projects is probably Hartrigg Oaks in York [page 20].

Contact details for other Quaker places, such as Claridge House (a Quaker centre for healing run by the Friends Fellowship of Healing), or The Retreat (an independent psychiatric hospital in York run by Quakers), can be found in the *Book of Meetings*. This is published annually by Britain Yearly Meeting and is available from the Quaker Bookshop at Friends House.

As well as the diversity of provision, there is wide variety amongst the Schemes in their foundation, history and buildings. Each Quaker-run Accommodation Scheme for Older People is unique: all are united in their desire to provide a safe and loving home to everyone who lives and works in them.

Whatever the accommodation you are seeking, we hope this booklet may be of some help to you in finding it.

Paula Harvey, Secretary Quaker Housing Trust

TYPES OF ACCOMMODATION

Very briefly, these are the main categories of accommodation for older people provided by the Schemes.

INDEPENDENT LIVING (self-care)

Self-contained accommodation, some of which may designed or adapted with older occupants in mind, with no warden or any other services provided. These Schemes assume a level of good-neighbourliness amongst residents helping one another.

SHELTERED HOUSING (also known as Retirement Housing)

For older people who want to live independently in their own self-contained homes but with some degree of support. Usually includes communal facilities (such as lounge, laundry, guest flat and garden); some social activities; a call system to request help in an emergency; and a warden or manager, who will offer advice to residents and, in some cases, help arrange services that the resident needs. Meals are not normally provided, although some of the Schemes do offer this.

RESIDENTIAL CARE HOMES

Usually bedsitting-room accommodation with communal rooms. Professional personal care is provided, with care during normal short illnesses but not constant nursing. The level of care they offer is about the same as could be given by a caring relative or friend, such as meals/eating, washing/bathing, dressing, supervision of medication, someone on call at night.

NURSING CARE HOMES

Provide 24 hour care for people who are bedridden, very frail, or have a medical condition or illness that requires a lot of attention from a doctor or nurse. People with severe dementia or mental health problems may need a unit registered to care for those who are "elderly mentally ill" (EMI).

EXTRA CARE OR VERY SHELTERED HOUSING

Designed to meet the needs of frailer older people, will include additional care services if required, to a level that might previously have only been available in a residential or nursing home. These vary but often include a restaurant, 24 hour support and some domestic assistance.

CONTINUING CARE RETIREMENT COMMUNITIES (CCRC)

Independent self-contained living with a care home offering full residential and nursing care as part of the integrated care provision. Joseph Rowntree Housing Trust has developed Hartrigg Oaks in York as the first CCRC to be built in the UK, based on a 'pooled finance' model.

INDEX OF QUAKER-RUN SCHEMES BY TYPE

INDEPENDENT LIVING

Fennell Memorial Homes, Suffolk
Firbank Housing Society, Hertfordshire
Fox and Crewdson's Charity (Fox House), Devon
Grandy Nook Trust, Cumbria
Haven Housing Association, East Sussex
West of England Housing Society (Landsdown House), Bristol
Quaker House, Yorkshire
Worthing Friends (Quakers) Housing Association, West Sussex

SHELTERED HOUSING

Doctors Green and Slater Rest Homes, Cheshire Gatesbield Quaker Housing Association, Cumbria Leicester Quaker Housing Association (Drayton House), Leicester Oak Tree House, Birmingham Reigate Quaker Housing Association, Surrey Sidcot Friends Housing Society (Sewell House), North Somerset West of England Friends Housing Society (Kirwin House), Bristol

EXTRA CARE OR VERY SHELTERED HOUSING

Leicester Quaker Housing Association (John Woolman House), Leicester

RESIDENTIAL CARE HOMES

Bernhard Baron Cottage Homes, East Sussex
Leicester Quaker Housing Association (George Hythe House), Leicester
New Milton Quaker Housing Association, Hampshire
Swarthmore Housing Society, Buckinghamshire
West Bay Housing Society Limited (Harbour House), Dorset
West of England Friends Housing Society (Avenue House), Bristol
Yorkshire Friends Housing Society (Ravensworth Lodge), Scarborough
Selly Wood House, Birmingham

RESIDENTIAL CARE AND SHELTERED HOUSING

Bloomfield Care Centre, Dublin Michael Yoakley's Charity, Margate, Kent Westdale Quaker Housing Association, Nottingham Woodlands and The Paddock Flats, Wolverhampton

INDEX OF QUAKER-RUN SCHEMES BY AREA

Avon West of England Housing Society (Avenue House), Bristol

Birmingham Oak Tree House
Birmingham Selly Wood House

Buckinghamshire Swarthmore Housing Society, Gerrards Cross

Cheshire Doctors Green and Slater Rest Homes, Stockport

Cumbria Gatesbield Quaker Housing Association, Windermere

Cumbria Grandy Nook Trust, Kendal

Devon Fox and Crewdson's Charity (Fox House), Plymouth

Dorset West Bay Housing Society Limited (Harbour

House), Bridport

Hampshire New Milton Quaker Housing Association, New Milton

Hertfordshire Firbank Housing Society, Welwyn Garden City

Ireland Bloomfield Care Centre, Dublin

Kent Michael Yoakley's Charity, Margate

Leicester Quaker Housing Association, Leicester

London There are no Schemes in London: Swarthmore Housing

Society at Gerrards Cross, or Firbank Housing Society at

Welwyn Garden City, are the nearest.

Nottingham Westdale Quaker Housing Association, Nottingham

Somerset Sidcot Friends Housing Society (Sewell House),

Winscombe

Suffolk Fennell Memorial Homes, Bury St Edmunds

Surrey Reigate Quaker Housing Association, Reigate

Sussex (East) Haven Housing Association, East Grinstead Sussex (East) Bernhard Baron Cottage Homes, Polegate

Sussex (West) Worthing Friends (Quakers) Housing Association,

Worthing

Wolverhampton Woodlands and The Paddock Flats, Wolverhampton

Yorkshire Friends Housing Society (Ravensworth Lodge),

Scarborough

Yorkshire Hartrigg Oaks, York (Joseph Rowntree Housing Trust)
Yorkshire Quaker House, Leeds (Joseph Rowntree Housing Trust)

ALPHABETICAL LIST OF QUAKER-RUN SCHEMES

BERNHARD BARON COTTAGE HOMES Lewes Road, Polegate, East Sussex BN26 5HB

Residential Care Home. 12 twentieth-century flint stone cottages, each modernised within as two self-contained flatlets (some for married couples). Modern main building with self-contained bed-sitting rooms with en-suite facilities for 31 residents. All food and services, including full care, is provided with residential staff. New occupants with mental frailties or physical handicaps accepted. Respite care available for non-residents.

Established in 1945, Bernhard Baron Cottage Homes is a peaceful and loving community with its own Recognised Meeting for Worship (Polegate). On main Eastbourne/Hastings-London road. 5 minute walk to bus stop for Eastbourne service (5 miles). Local shops (50 yards) and at Polegate (within ¼ mile). Mainline trains stop at Polegate Station.

ENQUIRIES TO: Trudi Knight, Management Team, address as above

Tel: 01323 483 613

BLOOMFIELD CARE CENTRE Stocking Lane, Rathfarnham, Dublin 16, Ireland

Recently purpose built health care facility providing three distinct types of accommodation for older people, depending on need; psycho-geriatric care, nursing home care and independent living facilities. Bloomfield is situated on a 10 acre site on the side of the Dublin Mountains and enjoys outstanding views of the Dublin Mountains, Dublin City and bay.

Medical care available 24 hours a day from nursing staff and the centre's Medical Superintendent. Psychiatric support is also available. Full-board catering with a cafeteria for more mobile residents. For less mobile residents, catering arrangements are made according to individual patient need. Most rooms are individual, containing an en-suite bathroom, and a comfortable sitting room. All care areas contain common sitting and dining areas. A patio area, with beautiful gardens is available for the enjoyment of residents. Remedial activities and treatments are available on a daily basis, with the aim of maintaining mobility, mental stimulation & quality of life.

ENQUIRIES TO: Síle McManus, address as above

Tel: (01) 495 0021

Email: info@bloomfield.ie

DOCTORS GREEN AND SLATER REST HOMES Balmoral Road, Heaton Moor, Stockport, Cheshire SK4 4EA

Sheltered Housing. 20 single and 4 double flatlets. Fully furnished. Communal sitting room. Guest room. No meals. Oversight by resident warden and assistant warden.

Purpose built in 1960s plus more recent extensions. Close to post office, shops and bus stop. Bus ride from Stockport town centre and railway station. Residence restricted by terms of the founding trust to people living in the Borough of Stockport.

ENQUIRIES TO: The Governors, address as above

Tel: 0161 432 7030

FENNELL MEMORIAL HOMES 56-59 St Johns Street, Bury St Edmunds, Suffolk IP33 1SZ

Independent Living (self-care). A mid-19th century block of 4 self-contained unfurnished flats (large enough for two to share). Access to 2 of the flats is by an outside staircase. Residents need to be physically mobile, no care facilities, residents help each other. For women only.

Located in the town centre, adjoining Bury St Edmunds Friends Meeting House, Library and Bus Station. Railway station is within 10 minutes walk.

ENQUIRIES TO: Keith Jolly, Clerk, address as above

Tel: 01284 735 620

Email: jkjolly@waitrose.com

FIRBANK HOUSING SOCIETY LIMITED Barn Close, Handside Lane, Welwyn Garden City, Herts AL8 6SU

Independent Living (self-care). 16 self-contained, unfurnished flats and bungalows. Guest room. Laundry. No meals provided. Tenants help each other.

Buildings of varying age set in pleasant, well-kept grounds with a community feeling. Adjacent to Welwyn Garden City Friends Meeting House. Local bus service. Walking distance from station; good service from King's Cross and Finsbury Park (London).

ENQUIRIES TO: Pauline Treacher, Hon. Sec.

7 High Grove, Welwyn Garden City, Herts AL8 7DW

Tel: 01707 326 105

Email: pauline@treacher.net

FOX & CREWDSON'S CHARITY Fox House, Lambhay Hill, Plymouth PL1 2NP

Independent Living (self-care). 11 single flatlets, self-contained, unfurnished. No meals provided. Tenants help each other.

Three-storey pupose-built block erected c 1950 near Plymouth Hoe and the Barbican. Buses to town centre or 15-20 minutes walk. Residence limited to women of low income who have lived in Devon or Cornwall, and are over 50 years of age.

ENQUIRIES TO: Robert Jubb, Clerk

6 St Austin Close, Ivy Bridge, Devon PL21 9BZ

Tel: 01752 698139

Email: robertjubb@supanet.com

GATESBIELD QUAKER HOUSING ASSOCIATION LTD New Road, Windermere, Cumbria LA23 2LA

Sheltered Housing. 19 self-contained, unfurnished flats each suitable for one or two persons. Communal dining room. Communal meeting room. Laundry and crafts room. Twin-bedded guest room. Midday meal available five days a week. Resident warden. New occupants with physical handicaps accepted. Restricted to local persons (50% Friends, 50% Local Authority Housing List).

Purpose-built two-storey blocks built in the grounds surrounding a 1926 house that provides the Warden's residence and communal meeting room. About ¼ mile south of Windermere station. Local bus services. Windermere Recognised Meeting for Worship regularly held at Gatesbield.

ENQUIRIES TO: Andree Cook, Scheme Manager, address as above

Tel: 015394 45578

Email: enquiries@gatesbield.org.uk

Website: www.gatesbield.org.uk

GRANDY NOOK TRUST Low Fellside, Kendal, Cumbria LA9 4NZ

Independent Living (self-care). Four one-bedroom self-contained flats and one flat in converted 17th century building plus a separate cottage suitable for couples. No meals provided. Part-time non-resident Warden.

Parking is difficult but there are two private garages. Pleasant but steep garden with a guest room. Close to town centre. For active Friends or Attenders (or others, if not taken up) of pensionable age.

ENQUIRIES TO: Roger Paddison

1 Beech Hill Terrace, Kendal, Cumbria LA9 4PP

Tel: 01539 731 642

Email: paddivillhouse@btinternet.com

HAVEN HOUSING ASSOCIATION LTD St Julian, Cranston Road, East Grinstead, West Sussex RH19 3HW

Independent Living (self-care). Two properties for single people over 55 years old. No meals provided.

ST JULIAN: 7 flatlets in a house each with bath/shower. Electric cookers and fridges provided. Laundry facilities. Background central heating. Double glazing. Large garden. Located in a quiet road about half a mile from the centre of East Grinstead, which has a main line rail station.

WYNSTAY: 6 flatlets, 5 with en-suite bathroom or shower room and one with bathrom along passage. 7th flatlet in attic for younger person. Background central heating. Electric cookers and fridges provided. Communal laundry room. Large garden. Located 400 yards from centre of the village of Balcombe, West Sussex. There is a Supportive Care Group in the village and a main line station.

ENQUIRIES TO: Eric Clark, Secretary, address as above

Email: eric-clark@ntlworld.com

LEICESTER QUAKER HOUSING ASSOCIATION 28 Queens Road, Leicester LE2 1WP

Three stages accommodation.

DRAYTON HOUSE (26 Queens Road, Leicester): Sheltered Housing. 12 self-contained one-bedroom flats on 3 floors. Llift, small laundry and guest bedroom for tenants' use. All the flats have alarm call telephone for emergencies. No warden and tenants need to be reasonably active and able to manage independently.

Tenants at Drayton House may be able to transfer to one of the other houses if they need more support in the future. New occupants with mental frailties or physical handicaps accepted. Respite care available for non-residents.

Completed in 1976, the flats are next door to Leicester Friends Meeting House and close to the Association's main office. Short taxi ride from Leicester station. Near the university.

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JOHN WOOLMAN HOUSE (Rawson Street, Leicester): Extra Care. 57 one and two-bedroom self-contained bed-sitting room flats designed to offer support and provide for the needs of older people. 6 flats are specially adapted for use by more disabled people. Loung, dining room, small shop and an assisted bathroom. Lunches are provided 5 days a week and there is a programme of social events. All flats have an emergency alarm system and a manager is on duty in the building during the day. At night the flats are connected to a central control.

Tenants at John Woolman House may be able to move to George Hythe House if they need more support. New occupants with mental frailties or physical handicaps accepted. Respite care available for non-residents.

Modern purpose-built units behind the preserved facades of a row of Georgian houses, overlooking Museum Square and New Walk. 10 minute walk from Leicester station, short taxi ride from St Margaret's Bus Station. Near the university.

GEORGE HYTHE HOUSE (Croft Road, Beaumont Leys): Residential Care. 40 purpose-built bed-sitting rooms with en-suite facilities, grouped in 4 wings each of which has a small dining room/kitchen and assisted bathroom. Large lounge. Attractive garden.

The scheme provides full care on a 24 hour day basis, all meals and a programme of activities and social events. New occupants with mental frailties or physical handicaps accepted. Respite care available for non-residents.

Situated in Benskins Croft, a developing area of Leicester, ½ mile beyond the Beaumont Leys shoping centre.

ENQUIRIES TO: Leicester Quaker Housing Association

28 Queens Road, Leicester LE2 1WP

Tel: 0116 270 0748

Email: lqhaltd@talk21.com

Website: www.leicesterquakerhousing.com

MICHAEL YOAKLEY'S CHARITY Yoakley House, Drapers Homes, St Peter's Road, Margate, Kent CT9 4AJ

Sheltered Housing (with Residential Care).

DRAPERS ALMSHOUSES: 43 self-contained, unfurnished cottages for sheltered housing. Founded in 1708. Daily care supervision.

YOAKLEY HOUSE: Full care purpose-built, residential home with 25 ground floor en-suite rooms, opened in 1981. Communal rooms, sick rooms, guest rooms. Admissions from Drapers Almshouses only.

Communal activities for all in Yoakley House. Situated around lovely gardens, on main Margate to Broadstairs road, near the Queen Elizabeth the Queen Mother hospital. Broadstairs Friends Meeting House is 3 miles away. Hourly bus service to shops but no buses in the evenings or on Sundays.

ENQUIRIES TO: Julie Wickenden Manager, address as above

Tel: 01843 223652

NEW MILTON QUAKER HOUSING ASSOCIATION Quaker House, 40 Barton Court Road, New Milton, Hants BH25 6NR

Residential Care Home. 40 bed-sitting rooms with with toilet and washing facilities in a two storey building. Stairlift and lift able to take wheelchair. Library/craftroom. 4 lounges and attractive dining room. All meals provided, including special diets. Care is offered with bathing. Assistance with medication from qualified staff. New occupants with physical handicaps accepted. Respite care available for non-residents. Numerous activities catering for wide variety of interests.

Large garden with water-garden courtyard with easy access. Some parking for residents' cars/buggies. Regular Meeting for Worship. Quaker House offers comprehensive residential care for active and not-so-active people of pensionable age, where individuality and personal service are fostered.

ENQUIRIES TO: Paul John Abbott, Manager, address as above

Tel: 01425 617656

Email: quaker.house@btconnect.com Website: www. quakerhouse.org.uk

OAK TREE HOUSE 153 Oak Tree Lane, Bournville, Birmingham B30 1TU

Sheltered Housing. 16 one-bedroom and bed-recess single flats, 2 double flats. All self-contained, unfurnished. Communal dining room and lounge. Purpose-built 1965 two storey block with lift, each flat overlooking garden. 1 guest flat, 1 guest room. Central alarm call system. Lunch provided. Home care in temporary illness. Resident warden. New occupants with physical handicaps accepted, provided they can manage independent living. Respite care for non-residents available in the guest flat.

Bus services. Bournville station on line from New Street Station. Within walking distance of Bournville village, Bournville Friends Meeting House, Selly Oak Friends Meeting House and Woodbrooke Quaker Study Centre.

ENQUIRIES TO: Barbara Griffiths, Warden, address as above

Tel: 0121 472 1286

QUAKER HOUSE, LEEDS Quaker House, St Marks Street, Leeds, LS2 9EQ

Independent Living (self-care) - managed by Joseph Rowntree Housing Trust. 12 self-contained flats, one and two-bedroom. Unfurnished. No meals provided. For people over 60 years of age.

Purpose built flats (1989), grouped in 'L' shape round garden courtyard. 9 for sale on long lease, 3 for rent. Parking available. Age Concern Day Centre adjoining, provides some meals, activities and health care. Next to Carlton Hill Friends Meeting House. Near university. One mile from town centre shops, direct bus route. Small shops within 200 yards.

ENQUIRIES TO: Una Parker, Flat 5, as above

Tel: 0113 244 5454

REIGATE QUAKER HOUSING ASSOCIATION Thomas Moore House, Reigate Road, Reigate, Surrey RH2 0QW

Sheltered Housing in 5 properties. All units unfurnished and self-contained (except. at Emmott House). New occupants with physical handicaps accepted, depending on the handicap. Trains from Victoria to Red Hill Station. Local bus services.

MAYCROFT (on top of a hill): 12 single, 3 double flatlets. Common room, guest room, laundry. Midday meal available 3 days a week. Warden oversight.

EMMOTT HOUSE: 16 single bed-sitting room flatlets with handbasin and toilet; 2 one-bedroom double flatlets with bathroom and toilet. Communal bathrooms and showers. Common room. Guest room. Laundry. Midday meal available 4 days a week. Resident warden.

KELLAWAY HOUSE & MYERS HOUSE: 7 one-bedroom and 1 two-bedroom flatlets in each house. Midday meal available 4 times a week in Emmott House next door, and use of communal facilities there. Oversight of warden.

THOMAS MOORE HOUSE (adjoins Reigate Friends Meeting House): 12 single bed-sitting room flatlets and 8 one bed-roomed flatlets. Common room, guest room, laundry. Midday meal available 3 times a week. Warden oversight.

ENQUIRIES TO: Wendy Cresswell, Manager, address as above

Tel: 01737 242101

Email: reigatequakerha1@btconnect.com

SELLY WOOD HOUSE 161 Selly Wood Road, Bournville, Birmingham B30 1TJ

Dual Registered Residential Care and Nursing Home. 44 rooms, 7 en-suite.

Partly furnished with bed and chair, residents are encouraged to bring their own additional furniture. Communal lounge. Small lounges for private meetings with family, library with email facility for residents' use. All meals provided. Full care until death. New occupants with mental frailties or physical handicaps accepted. Respite care for non-residents, subject to availability. Weekly afternoon Meeting for Worship. About ¾ mile from Bournville Friends Meeting House, shops, bank and post office.

ENQUIRIES TO: Jean Tandy, Registered Manager, address as above

Tel: 0121 472 3721

Email: janet@sellywoodhouse.freeserve.co.uk

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SIDCOT FRIENDS HOUSING SOCIETY Sewell House, Belmont Road, Winscombe, North Somerset BS25 1LQ

Sheltered Housing. 23 single bed-recess flatlets with kitchenette, hand-basin and toilet, 4 one-bedroom double flatlets, 2 with bathroom. All unfurnished. Shared bathrooms. Communal dining/sitting room. Laundry. Guest room. Midday meal provided daily. Homecare in minor illness. Oversight by resident warden. Meeting for Worship on Thursday afternoons.

Purpose built two-storey block with a lovely garden at the rear, close to village shops, post office, library and banks. Bus services to Bristol, Weston-Super-Mare and Wells.

ENQUIRIES TO: Sue Chandler, Warden, address as above

Tel: 01934 843746

Email: sewell.house@ukonline.co.uk

SWARTHMORE HOUSING SOCIETY LTD31 Marsham Lane, Gerrards Cross, Bucks SL9 8HB

Residential Care Home. Bed-sitting rooms of varying size; 20 en-suite. Facilities additionally include new Close Care Units and a furnished room for respite care. Nurse call points in all rooms. Library and quiet room. Lift. New occupants with physical handicaps accepted, if person is still independent. Respite care available for non-residents.

The original building is a large family house to which two wings have been added, set in beautiful grounds on a slight slope. Meeting for Worship held at Swarthmore every Sunday and Thursday afternoon (Gerrards Cross is a Recognised Meeting). Ten minutes walk from Gerrards Cross shopping centre and walking distance from station.

ENQUIRIES TO: Janice Windle, Manager, address as above

Tel: 01753 885663

Email: swarthmore@btinternet.com

WEST BAY HOUSING SOCIETY LIMITED Harbour House, George Street, West Bay, Bridport, Dorset DT6 4EY

Residential Care Home. All en-suite unfurnished apartments (2 for 2 people), most with balconies overlooking West Bay harbour. Lounge, dining room and quiet room with library. Laundery, assisted bathing, lift. Guest room. Vegetarian and other diets catered for. Will accept new occupants with mental frailties or physical handicaps. Respite care available for non-residents in guest room.

Local shops and buses. Bridport Friends Meeting House less than 2 miles.

ENQUIRIES TO: Jean Adams, Home Manager address as above

Tel: 01308 459 497

Email: harbourhouse@btopenworld.com

WEST OF ENGLAND FRIENDS HOUSING SOCIETY Avenue House, 5 Cotham Park North, Bristol BS6 6BH

Three stages accommodation.

AVENUE HOUSE: Residential Care Home. 30 residents, single bed-sitting rooms all ensuite; unfurnished. Communal dining room and lounge. Guest room. Lift. All meals provided. Home nursing care. Staff on call 24 hours a per day.

KIRWIN HOUSE: Sheltered housing. 8 single bed-sitting room flatlets and 2 double one-bedroom flats. All self-contained and unfurnished. Communal dining room. Optional midday meal. Call system with link to Avenue House.

LANDSDOWNE HOUSE: Independent Living (self-care). 2 double and 6 single flats. Self-contained, unfurnished. No meals or warden, but the staff of Avenue House can be called in an emergency.

Respite care available for non-residents. New occupants with mental frailties or physical handicaps are accepted. Train service, local buses and shops. The 3 adjacent houses, converted from the late Victorian residences with some modern additions, are in a pleasant residential area of Bristol, close to the city centre and the Downs.

ENQUIRIES TO: Manager, address as above

Tel: 0117 989 2020

WESTDALE QUAKER HOUSING ASSOCIATION LTD 129 Melton Road, West Bridgford, Nottingham NG2 6FG

Residential Care Home and Sheltered Housing.

RESIDENTIAL HOME: 18 residents, 9 bed-sitting rooms with hand basins, 9 en-suite with toilet, basin, shower/bath. All rooms self-furnished, two lounges. Respite care available for non-residents.

SHELTERED HOUSING: 4 warden-aided, self-contained, purpose-built flats with living room, bedroom, fitted kitchen and bathroom. Emergency call system. Occasional meals can be provided. Shares gardens, lounges and social activities with the adjacent home.

Two converted Edwardian houses in a pleasant residential area. Large well-maintained gardens, with lawns and car parking. New occupants with physical handicaps accepted, if not severe. Occasional midweek and Sunday Meetings for Worship, weekly inter-denominational service. Bus to city centre (2-3 miles). Close to shops, GP surgery and health centre. Visiting hairdresser and chiropodist.

ENQUIRIES TO: Linda Orchard, Head of Home, address as above

Tel: 0115 9233128

WOODLANDS AND THE PADDOCK FLATS 434 Penn Road, Penn, Wolverhampton WV4 4DH

Residential Care Home and Sheltered Housing.

THE WOODLANDS: Residential Care Home. 37 residents, including a unit with 8 rooms for older, mentally infirm occupants. Some rooms are large enough to accommodate a married couple, otherwise single bed-sitting rooms with hand basin, some with en-suite. Furnished or unfurnished. Residents encouraged to bring suitable items of furniture. Shared bathrooms and toilets. Communal dining room, sitting rooms, television room and sitting areas. Shared utility rooms. Lift. Guest room. New occupants with mental frailties or physical handicaps accepted. Respite care available for non-residents. All meals provided. Rooms built onto large, old listed private house.

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THE PADDOCK FLATS: Sheltered Housing. Purpose-built, self-contained unfurnished flats, (22 one-bedroom and 2 two-bedroom), adjoining The Woodlands residential home. No meals. Oversight by resident warden and care link alarm system.

The site is in spacious woodland about 400 yards from Penn Village local shops, and 2½ miles from Wolverhampton on bus route. Penn Recognised Meeting for Worship held at the Woodlands.

ENQUIRIES TO: General Care Manager, address as above

Tel: 01902 341 203

Website: www.woodlandsquakerhome.org

WORTHING FRIENDS (QUAKER) HOUSING ASSOCIATION Pendle, 34 Mill Road, Worthing, West Sussex BN13 1NJ

Independent Living (self-care). 1 single and 5 double flats, self-contained, unfurnished, in conversion of large house in Edwardian conservation area. No meals provided. New occupants with mental frailties possibly accepted if they are independent: each application considered, but no on-site care. New occupants with physical handicaps accepted, but there is no lift, and the flats are not large enough for wheelchairs.

Shares site with Worthing Friends Meeting House and its large walled garden. Shopping parade ¼ mile, West Worthing railway station about ½ mile, sea ½ mile, town centre 1 mile, on short and long distance bus routes.

ENQUIRIES TO: Heather Brayshaw, Secretary, address as above

Tel: 01903 239753

Email: heatherbrayshaw@bigfoot.com

YORKSHIRE FRIENDS HOUSING SOCIETY LTD Ravensworth Lodge, 3 Belgrave Crescent, Scarborough, YO11 1UB

Residential Care Home. Single/double rooms. Communal dining room and lounge/activities room. Ramp access to garden. New occupants with physical handicaps accepted. Respite/holiday care available for non-residents.

An old house full of character, in sheltered garden with summerhouse and raised flowerbeds. Within walking distance of Scarborough town centre, shops, bus and train stations.

ENQUIRIES TO: Suzzane Sellers, Head of Home, address as above

Tel: 01723 362361

Email: ravensworthlodge@scarborough.co.uk

JOSEPH ROWNTREE HOUSING TRUST

The Joseph Rowntree Housing Trust (JRHT), established in 1968, is a York-based charity and a registered social landlord. It is part of the Joseph Rowntree Foundation and Trustees and staff are the same. As well as general housing, JRHT provides retirement care and support and care for adults with physical or learning difficulties.

Their housing for older people covers a wide range of provision including care homes registered with the CSCI (Commission for Social Care Inspection) to provide residential and / or nursing care; sheltered and extra care schemes; and the Continuing Care Retirement Community at Hartrigg Oaks, York. All their properties are in Yorkshire and the North East.

Joseph Rowntree Housing Trust main housing office:

The Garth, White Rose Avenue, New Earswick, York YO32 4TZ

Tel: 01904 735000,

Email: information@jrht.org.uk

Main office for care services:

Hartrigg Oaks, Haxby Road, New Earswick, York YO32 4DS

Tel: 01904 750700

Email: information@jrht.org.uk

Website: www.jrht.org.uk

OTHER SOURCES OF INFORMATION & ADVICE

FINANCIAL ADVICE AND HELP

National agencies such as those listed below can offer advice if you need help towards the cost of a care home or to stay in your own home. There are three Quaker trusts which offer financial assistance to older Friends to meet the costs of accommodation. Full details are available from Quaker Communications Department, Friends House, 173 Euston Road, London NW1 2BJ.

Friends Housing Bursary Trust Fund

Makes small grants, often regular, to retired Friends, Attenders or elderly people connected with Friends, to enable them to remain in their own homes or help them move to residential care homes. One-off grants up to c. £300. Applications should be made by letter to the Welfare Secretary, and are considered in February, May and October; Overseers' support is essential. Contact: David Burnell, 52 Hallowell Road, Northwood, Middx HA6 1DS

Percy Bartlett Trust

Offers assistance to elderly Friends, and those closely connected with Friends, to meet the costs of accommodation or home care facilities. Applications are considered according to need and availability of funds. Applications should be made by Overseers by letter to the Clerk to Trustees, and are considered quarterly. Contact: Val Caldwell, 250 Arkwright's, Harlow, Essex CM20 3NE.

Overseers' Relief Funds

Can help to supplement funds available to Overseers locally helping in situation of hardship and suffering through e.g. old age. Grants can be made up to £2,000 for specific needs, but help is not normally available for continuing commitments. Contact: Finance Secretary, Quaker Finance and Property Department, Friends House, 173 Euston Road, London NW1 2BJ.

NATIONAL BODIES

Abbeyfield Society [England]

Abbeyfield houses cater for people looking for support in sheltered housing as well as opportunities for regular companionship.

Abbeyfield House, 53 Victoria St, Herts AL1 3UW

Tel: 01727 857536

Website: www.Abbeyfield.com

Abbeyfield Society for Scotland

15 West Maitland Street, Edinburgh.

Tel: 0131 225 7801

Age Concern England

Advice and information across a wide range of subjects, through local Age Concern centres, publications, Factsheets and other services.

Astral House, 1268 London Rd, London SW16 4EJ.

Helpline open 7.00-7.00 Monday to Sunday: 0800 00 99 66 (free phone)

Tel: 020 8765 7200 Email: ace@ace.org.uk

Website: www.ageconcern.org.uk

Age Concern Scotland

113 Rose Street, Edinburgh EH2 3DT

Tel: 0131 220 3345 Email: enquiries@acscot.org.uk

Website: www.ageconcern.org.uk

Age Concern Cymru

4th Floor, 1 Cathedral Road, Cardiff CF11 9SD

Tel: 029 2037 1566 Email: enquiries@accymru.org.uk

Website: www.ageconcern.org.uk

Help the Aged

Promoting/developing practical programmes to help older people live independent lives.

207-221 Pentonville Road, London N11 9UZ.

Free welfare rights advice 9.00-4.00 Monday to Friday: 0808 800 6565

Tel: 020 7278 1114 Email: info@helptheaged.org.uk

Website: www.helptheaged.org.uk

Age Concern and Help the Aged have combined and from Spring 2010 will be known by their new name Age UK.

Counsel and Care

Wide range of Factsheets on benefits; help at home; and moving into care. Also free and confidential advice to older people, carers and professionals.

Twyman House, 16 Bonny St, London NW1 9PG.

Helpline open 10.00-12.30 / 2.00-4.00: 0845 300 7585 (local rate number) Tel: 020 7241 8555 Email: advice@counselandcare.org.uk

Website: www.counselandcare.org.uk

EAC (Elderly Accommodation Counsel)

Detailed information and advice about all forms of accommodation for older people, for rent and to buy, all parts of the country.

3rd Floor, 89 Albert Embankment, London SE1 7TP.

Advice Line: 020 7820 1343

Advice via Email: Sheila.coles@eac.org.uk / John.plimsoll@eac.org.uk

Website: www.housingcare.org

First Stop

Source of independent, clear and direct information and advice on all aspects of care for older people.

Advice Line open Monday to Friday, 9.00-5.00: 0800 377 7070

Email: info@firststopcareadvice.org.uk Website: www.firststopcareadvice.org.uk

MHA Care Group

A major provider of not-for-profit care homes, housing and support services for older people, offering a range of services throughout the UK to meet the differing needs of individuals in later life. Some Quaker Schemes have links with MHA.

Epworth House, Stuart Street, Derby DE1 2EQ

Telephone: 01332 296200 Email: enquiries@mha.org.uk

Website: www.mha.org.uk

ABOUT QUAKER HOUSING TRUST

Quaker Housing Trust (QHT) helps in the creation of homes for people of **any** age, when they are vulnerable and in housing need. We give loans and grants, help and support to potential, new and existing, local and usually small, housing projects providing a wide range of housing.

We were established in 1967 in response to Quakers' concern about the need for more adequate, appropriate and affordable housing for rent to meet the needs of badly housed and vulnerable people in Britain.

Because we were set up to be the national channel through which Friends can directly give financial support for social housing projects we do not get any central funding from Britain Yearly Meeting. Our income is through donations, interest-free loans, legacies and, nowadays, repayment of the loans which we make.

QHT helps the Quaker-run Accommodation Schemes for Older People maintain an informal network for mutual support. We also publish this contact list for enquirers.

Many of the Quaker-run Accommodation Schemes for Older People have received financial assistance and other support from QHT.

Information about the Schemes was previously published in a booklet printed in August 2002, now replaced by this version. There is no charge for this booklet, but if you wish to make a donation towards our work please send it to the address below.

For more information about all aspects of our work, contact:

Paula Harvey, Secretary, Quaker Housing Trust Friends House, 173 Euston Road, London NW1 2BJ

Tel: 020 7663 1036 (direct line, with voicemail)

Fax: 020 7663 1049

Email: paulah@quaker.org.uk

Website: qht.org.uk

QUAKER HOUSING TRUST

Spiritual concern in practice Britain Yearly Meeting's own housing charity - a unique channel for practical Quaker witness in housing, harnessing Friends' love, energy and vision to meet unmet housing needs through advice, support, loans and grants.

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